FREE events for carers!

Do you live in Baw Baw, Bass Coast/South Gippsland, East Gippsland, Wellington, or Latrobe City?

Are you supporting a friend or family member who is frail aged, has a chronic illness, disability, or mental illness?

If your answer is yes, Latrobe Community Health Service (LCHS) would like to invite you to join our FREE events programs for unpaid carers.

COVID-19 has made it harder for people to get together as they usually would. We have planned some exciting face to face and online activities to bring carers together. Once you have registered, you will receive regular invitations to our events.

Carer Catch-Up Groups:

These groups meet monthly and are for carers only. Join us for morning tea and meet other carers in a supportive environment. Respite can be arranged for the person you care for.

Face-to-face and online carer events:

These can include educational events, information sessions, movie screenings and regular walking groups. For many carer events, the person you care for is welcome to participate with you.

How to join:

Phone 1800 242 696 to speak to Service Access and register for our carer program events. You can also speak to a Carer Programs Events Support Coordinator in your local area for more details.

CALL US
1800 242 696

LEARN MORE
lchs.com.au

Latrobe Community Health Service